

# IPC Bulletin for Care Homes

## Issue No. 66 - April 2026

Produced by an NHS Community Infection Prevention and Control Team based in North Yorkshire for distribution to subscribers.

**5<sup>th</sup> May 2026**  
**World Hand Hygiene Day**

Join the 'Action Saves Lives 2026'  
campaign to promote hand hygiene  
and save lives through clean hands.

SAVE LIVES - Clean Your Hands

To join the campaign access [World Hand Hygiene Day 2026](#)



Approximately 70% of healthcare workers do not routinely practice hand hygiene.



A large proportion of avoidable infections acquired during healthcare delivery could still be prevented with good hand hygiene action at the right time.



Take action by training your staff in how to clean their hands effectively using the correct technique. Encourage your residents to wash their hands, especially prior to eating.



Promote hand hygiene practices in accordance with the 'WHO 5 Moments'. Remember to display the WHO poster 'Your 5 moments of Hand hygiene' ensuring it is accessible for all staff, [www.infectionpreventioncontrol.co.uk/resources/your-5-moments-for-hand-hygiene-care-homes-poster/](http://www.infectionpreventioncontrol.co.uk/resources/your-5-moments-for-hand-hygiene-care-homes-poster/).



Complete your [Hand hygiene audits](#). Set a target, for example, of 100% compliance of all staff being 'Bare below the elbow' and take action on non-compliance.



A range of hand hygiene resources are available at [www.infectionpreventioncontrol.co.uk/resources/?filter\\_keyword=&filter\\_audience%5B%5D=care-homes&filter\\_topic%5B%5D=hand-hygiene](http://www.infectionpreventioncontrol.co.uk/resources/?filter_keyword=&filter_audience%5B%5D=care-homes&filter_topic%5B%5D=hand-hygiene).

### What's new

- **IPC training event** for Care Homes and Domiciliary Care: 16th November, 2026 - Book now to reserve your place. [www.infectionpreventioncontrol.co.uk/events/](http://www.infectionpreventioncontrol.co.uk/events/)
- [QICN Adult Social Care Nursing Network](#) 22nd June, 2026

Visit our website to find lots of IPC resources, many of which are free to download.

[www.infectionpreventioncontrol.co.uk](http://www.infectionpreventioncontrol.co.uk)

Call us on **01423 557340**.

