

# IPC Bulletin for GP Practice Staff

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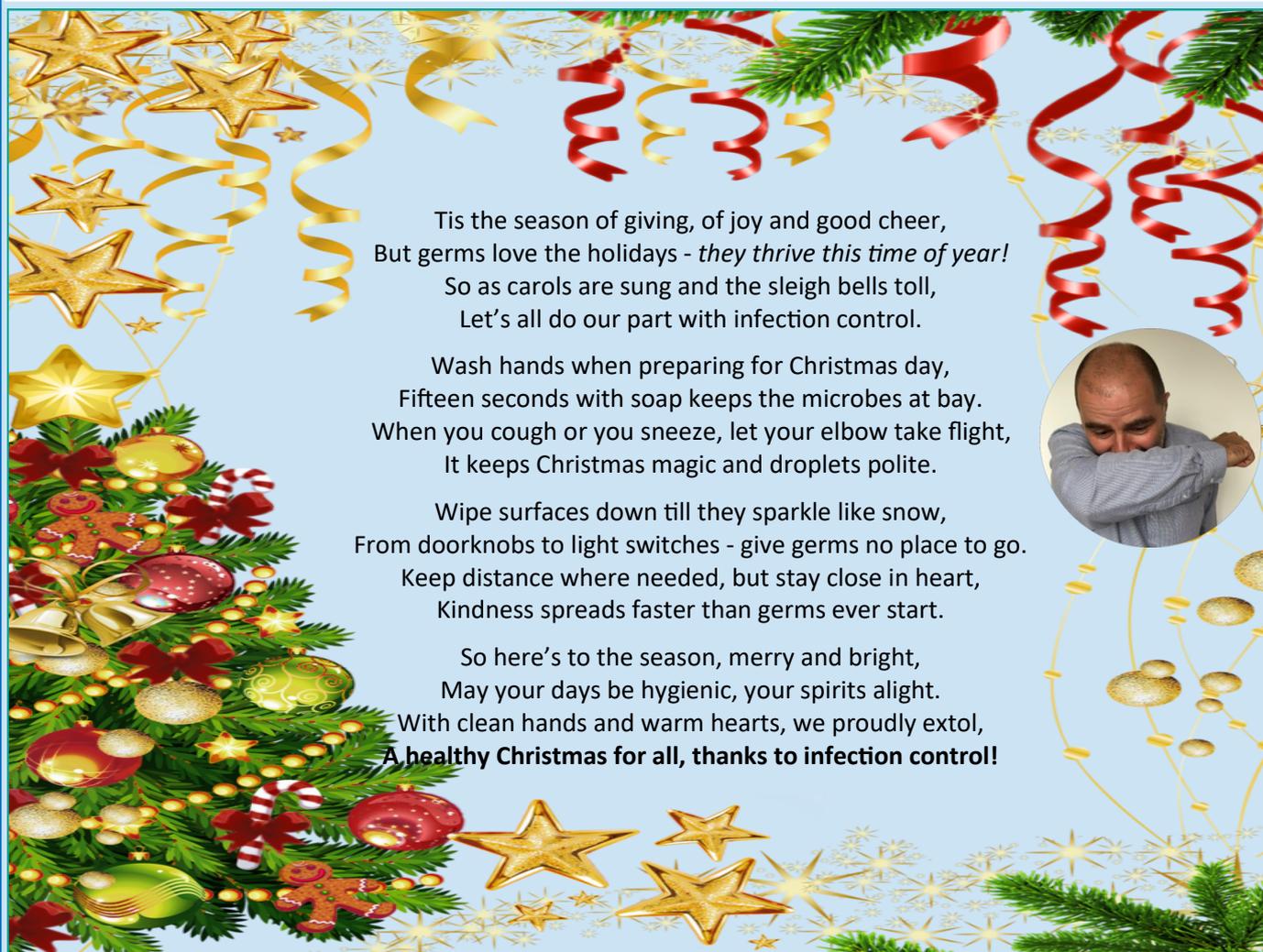


Produced by an NHS Community Infection Prevention and Control (IPC) Team based in North Yorkshire for distribution to subscribers.

### Seasonal IPC greetings to General Practice staff

During winter, there is an increase in cases of Norovirus, flu and COVID-19. Cleaning during the time decorations are out remains extremely important to prevent the spread of infection.

[www.infectionpreventioncontrol.co.uk/resources/seasonal-decoration-guidance-for-general-practice/](http://www.infectionpreventioncontrol.co.uk/resources/seasonal-decoration-guidance-for-general-practice/)



Tis the season of giving, of joy and good cheer,  
But germs love the holidays - *they thrive this time of year!*  
So as carols are sung and the sleigh bells toll,  
Let's all do our part with infection control.

Wash hands when preparing for Christmas day,  
Fifteen seconds with soap keeps the microbes at bay.  
When you cough or you sneeze, let your elbow take flight,  
It keeps Christmas magic and droplets polite.

Wipe surfaces down till they sparkle like snow,  
From doorknobs to light switches - give germs no place to go.  
Keep distance where needed, but stay close in heart,  
Kindness spreads faster than germs ever start.

So here's to the season, merry and bright,  
May your days be hygienic, your spirits alight.  
With clean hands and warm hearts, we proudly extol,  
**A healthy Christmas for all, thanks to infection control!**

#### What's new and upcoming events:

- [IPC training](#) event for General Practice: 9th February, 2026. **[BOOK NOW to reserve your place.](#)**
- [Preventing Infection Workbook: Guidance for General Practice](#) - now available in digital format

Visit our website for further information on the above and lots of other IPC resources, many of which are free to download. [www.infectionpreventioncontrol.co.uk](http://www.infectionpreventioncontrol.co.uk)

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