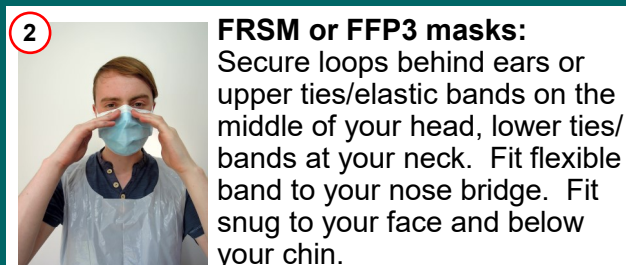
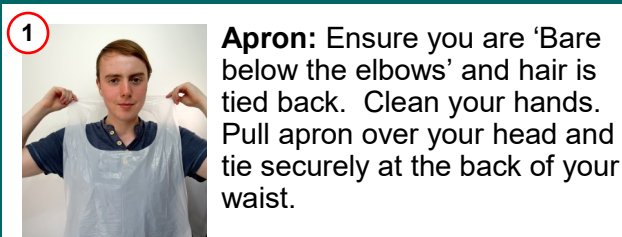


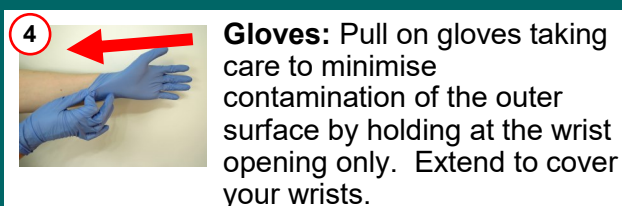
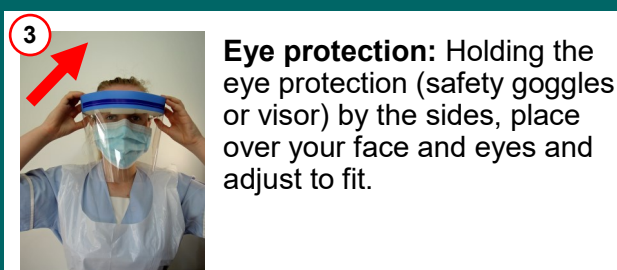
Correct order for putting on and removing personal protective equipment (PPE)

Order for putting on PPE

Before beginning, check which items of PPE are required and that these are available in the correct size.

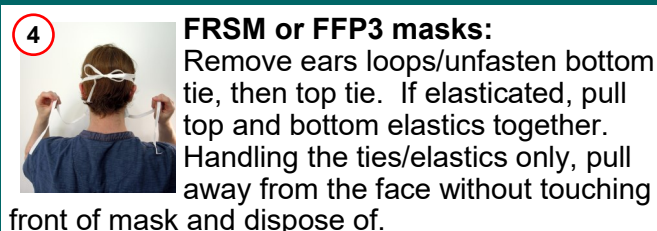
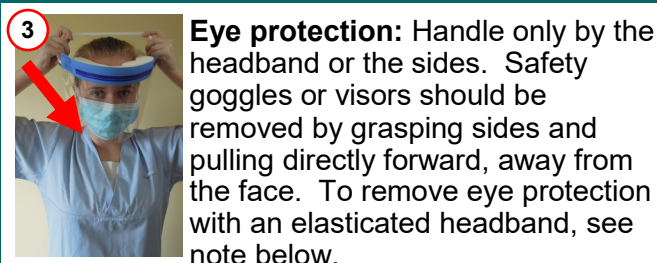
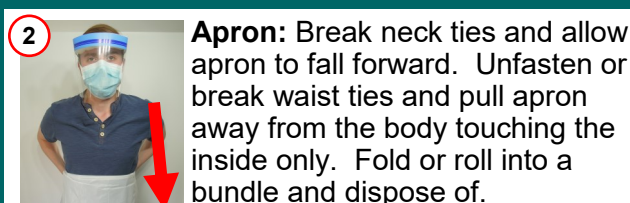
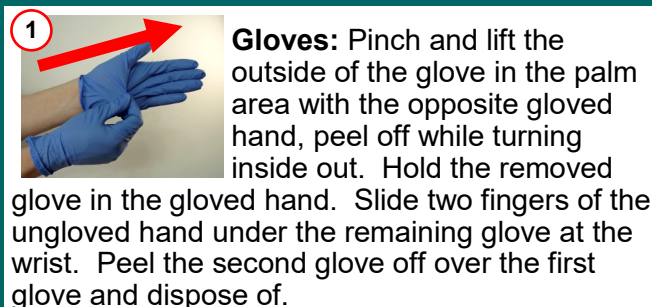


FFP3 or equivalent masks must be fit checked if being worn.



Order for removing PPE

When removing PPE, the correct technique is essential to avoid touching the most contaminated areas of PPE, e.g. outside of gloves, front of apron.



Clean hands immediately after removal of PPE.

Note:

- Before undertaking any procedure or task, staff should assess the risk of likely exposure to blood and/or other body fluids, non-intact skin, mucous membranes, or any care equipment or items in the care environment that could be contaminated, and wear PPE if required. PPE must protect adequately against the risks associated with the procedure or task. The items of PPE worn will vary based on the type of exposure anticipated, and not all items of PPE may be required.
- All PPE should be changed between tasks, removed before leaving the care area and immediately disposed of directly into the appropriate waste stream. Reusable PPE should be decontaminated appropriately.
- Clean hands immediately after removal of PPE.
- Follow national guidance for putting on and removing gowns.
- To remove eye protection with an elasticated headband, tilt head forward and grasp the headband with index fingers and thumbs, lift the headband upwards whilst pushing frame away from your face, lower away from your face and dispose of.