



## Stool chart record

Service user name:	Date of birth:
Date isolated:	Time isolated:

DATE	TIME	CONSISTENCY  Bristol stool form scale Type 1-7 (see overleaf for Bristol stool form scale)	COLOUR	BLOOD/PUS /MUCUS  State fresh/ bright red altered/ melaena (black tarry)	AMOUNT/ VOLUME  S - Small  M - Moderate  L - Large  (measure if appropriate)	ABDOMINAL SYMPTOMS i.e. bloating, cramps, pain	DATE SAMPLE SENT	SIGNATURE AND PRINT NAME



Type 5

Type 6

Type 7

Reproduced by kind permission of Dr KW Heaton, Reader in Medicine at the University of Bristol ©2000 Produced by Norgine Pharmaceuticals Limited



## Bristol stool form scale

Please refer to this chart when completing a bowel history, i.e. stool chart record or transfer documentation, e.g. an 'Inter-health and social care infection control transfer form' or patient passport.

Definition of diarrhoea: an increased number (two or more) of watery or liquefied stools, i.e. types 5, 6 and 7 only, within a duration of 24 hours. Please remember, after removing gloves, hands must be washed with liquid soap and warm running water when caring for service users with diarrhoea.

**Bristol stool form scale** 

## Type 1 Separate hard lumps, like nuts (hard to pass) Sausage-shaped, but lumpy Like a sausage, but with cracks on its surface Type 4 Like a sausage or snake, smooth and soft

Soft blobs with clear-cut

edges (passed easily)

Fluffy pieces with ragged

edges, a mushy stool

Watery, no solid pieces,

ENTIRELY LIQUID

Reviewed April 2023

© Harrogate and District NHS Foundation Trust, Community Infection Prevention and Control www.infectionpreventioncontrol.co.uk April 2025