

# IPC Bulletin for GP Practice Staff

## Issue No. 60 - April 2025



Produced by an NHS Community Infection Prevention and Control Team based in North Yorkshire for distribution to subscribers.

### Monday, 5th May, 2025, is World Hand Hygiene Day



Hand hygiene saves millions of lives each year when using the correct technique and performed at the right time.

[World Hand Hygiene Day 2025](#)

## It might be gloves. It is always hand hygiene.



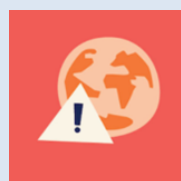
Disposable gloves do not protect you 100% and can get contaminated as easily as bare hands.



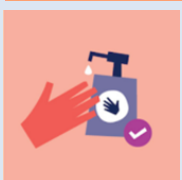
Don't miss a 'Moment' of hand hygiene. Display the WHO posters 'My 5 moments of Hand hygiene' to raise awareness.



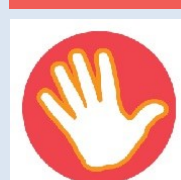
Gloves should be removed as soon as the care task has been completed. Hand hygiene is essential after glove removal.



Excessive glove use contributes significantly to the volume of health care waste. Assess each task and decide if you need to use gloves.



Hand hygiene 'the right way' is still one of the most important measures to protect patients and healthcare workers.



A range of hand hygiene resources are also available at [www.infectionpreventioncontrol.co.uk](http://www.infectionpreventioncontrol.co.uk).

#### Examples of when to use disposable gloves:

- If the care activity may involve exposure to blood or other body fluid, including contact with mucous membranes and non-intact skin
- During contact precautions
- During outbreak situations

#### Examples of when disposable gloves are **not** required (except for contact precautions):

- Taking a blood pressure
- Performing subcutaneous or intramuscular injections
- Using an auroscope

#### What's new—click on the links below:

- [IPC training event for General Practice: 9th June 2025](#)
- The UK Health Security Agency has launched a new campaign 'What is Antimicrobial Resistance (AMR) and how can you help combat it?' <https://ukhsa.blog.gov.uk/2025/04/07/what-is-antimicrobial-resistance-amr-and-how-can-you-combat-it/>

Visit our website to find lots of IPC resources, many of which are free to download.

[www.infectionpreventioncontrol.co.uk](http://www.infectionpreventioncontrol.co.uk)  
Call us on 01423 557340

