

# IPC Bulletin for Care Homes

## Issue No. 57 - April 2025



Produced by an NHS Community Infection Prevention and Control Team based in North Yorkshire for distribution to subscribers.

### Monday, 5th May, 2025, is World Hand Hygiene Day



Hand hygiene saves millions of lives each year when using the correct technique and performed at the right time.

[World Hand Hygiene Day 2025](#)

### It might be gloves. It is always hand hygiene.



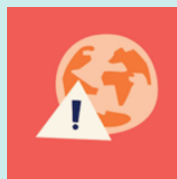
Disposable gloves do not protect you 100% and can get contaminated as easily as bare hands.



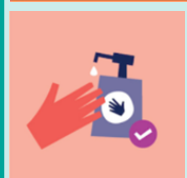
Don't miss a 'Moment' of hand hygiene. Display the WHO posters 'My 5 moments of Hand hygiene' to raise awareness.



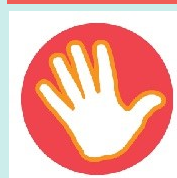
Gloves should be removed as soon as the care task has been completed. Hand hygiene is essential after glove removal.



Excessive glove use contributes significantly to the volume of health care waste. Assess each task and decide if you need to use gloves.



Hand hygiene 'the right way' is still one of the most important measures to protect residents and healthcare workers.



A range of hand hygiene resources are also available at [www.infectionpreventioncontrol.co.uk](http://www.infectionpreventioncontrol.co.uk).

#### Examples of when to use disposable gloves:

- If the activity may involve exposure to blood or other body fluid, including contact with mucous membranes and non-intact skin
- During contact precautions
- During outbreak situations
- Emptying or changing a urine drainage bag

#### Examples of when disposable gloves are **not** required (except for contact precautions):

- Giving oral medication
- Assisting residents to get dressed or mobilise
- Taking a blood pressure
- Handing out meals or assisting residents with feeding

#### What's new

- **Coming very soon—Updated set of Care Home Policies!!**
- IPC training event for Care Homes: 22nd September, 2025. [www.infectionpreventioncontrol.co.uk/events/](http://www.infectionpreventioncontrol.co.uk/events/)
- The UKHSA has launched a new campaign <https://ukhsa.blog.gov.uk/2025/04/07/what-is-antimicrobial-resistance-amr-and-how-can-you-combat-it/>

Visit our website to find lots of IPC resources, many of which are free to download.

[www.infectionpreventioncontrol.co.uk](http://www.infectionpreventioncontrol.co.uk)  
Call us on 01423 557340

