

# IPC Bulletin for Domiciliary Care

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Produced by an NHS Community Infection Prevention and Control Team based in North Yorkshire for distribution to subscribers.



## What is sepsis?

Sepsis is a life threatening condition that arises when the body's response to an infection causes widespread inflammation, leading to tissue damage, organ failure, and potentially death. Every year millions are affected by sepsis, but with prompt recognition and treatment, lives can be saved.

[Click here to view the 'What is Sepsis' 3 minute video](#)

### Sepsis... the facts!

- Sepsis is the number one cause of preventable death in the world.
- It accounts for around 50,000 deaths each year in the UK.
- This is more than the combined total number of deaths from breast, bowel, and prostate cancer.
- Any type of infection - bacterial, viral or fungal, can lead to sepsis.

**5 people die with SEPSIS every hour in the UK!**

Anyone can develop sepsis, however certain people are at an even higher risk...

- |                                                                                                                                               |                                                                                                                                                          |
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| <ul style="list-style-type: none"> <li>• Children under 1</li> <li>• Adults over 60</li> <li>• People with weakened immune systems</li> </ul> | <ul style="list-style-type: none"> <li>• People with no spleen</li> <li>• People with chronic diseases, such as lung, liver, or heart disease</li> </ul> |
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Service users, especially those living with co-morbidities, immunosuppression and/or increased risk of infection, are at high risk of developing sepsis.

### Recognise the signs...

- S**lurred Speech or Confusion
- E**xtrême Shivering or Muscle Pain/Fever
- P**assing No Urine All Day
- S**evere Breathlessness
- I**t Feels Like You're Going To Die [click here](#)
- S**kin Mottled or Discoloured



**Sepsis requires urgent medical care.**

**If you suspect sepsis call 999 immediately!**

#### What's new

- **Updated IPC Policies for Domiciliary Care** free to download/can be purchased
- **Preventing Infection Workbook for Domiciliary Care staff** - new version available to purchase
- QNI—IPC Champions Network 13/08/2024: Hand hygiene and PPE [qni.org.uk/nursing-in-the-community/infection-prevention-and-control-champions/](http://qni.org.uk/nursing-in-the-community/infection-prevention-and-control-champions/)
- IPC training event for Care Homes and Domiciliary Care: 30/09/2024. Download the booking form at: [www.infectionpreventioncontrol.co.uk/events/](http://www.infectionpreventioncontrol.co.uk/events/)

Visit our website to find lots of IPC resources, many of which are free to download.

[www.infectionpreventioncontrol.co.uk](http://www.infectionpreventioncontrol.co.uk)

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