



Glove selection guide for Care Homes

If contact with blood and/or body fluids, non-intact skin or mucous membranes is anticipated, or the resident has a confirmed or suspected infection, personal protective equipment (PPE) should be worn.

You should wear disposable gloves that are appropriate for the task.

Task to be performed	Ste	rile	Non-sterile				
Procedure and type of contact Ticks indicate which glove to use for the procedures listed and if they should be sterile or non-sterile. Please note that this is not an exhaustive list.	Latex	Nitrile	Latex	Nitrile	Vinyl	Polythene	Domestic
Aseptic technique	✓	✓					
Blood/blood stained body fluids			✓	✓			
Body fluids, e.g. urine, faeces			✓	√	✓		
Clean technique, e.g. dressing pressure or leg ulcers, simple grazes			✓	✓			
Confirmed or suspected respiratory illness, e.g. flu, COVID-19			✓	✓			
Decontamination of care equipment			✓	✓	✓		
Domestic tasks							√
Sorting soiled laundry			✓	✓	✓		
Urinary catheterisation	✓	✓					
Urine drainage bag: Emptying, adding overnight drainage or changing			✓	✓	√		
Venepuncture			✓	✓			