

## Procedure for emptying a catheter bag for Domiciliary Care staff



### 1 Gather equipment:

- Disposable apron and gloves.
- Eye protection if at risk of being splashed in the face by body fluids.
- A clean tissue.
- A separate clean container to empty the urine into.



### 2

- Perform hand hygiene.
- Put on a disposable apron and gloves (eye protection should be used if there is a risk of splashing to the eyes).
- Explain the procedure to the service user.



### 3



### 4

- Empty the bag into a clean and specific/designated container by releasing the tap.
- Avoid contact between the urine drainage bag tap and the container.
- Close the tap and wipe the outlet port with a clean tissue to prevent drips.



### 5



### 6

- Ensure that the drainage bag is securely fixed with an anchoring device and 2 leg straps, and is positioned below bladder level.
- If possible, educate and encourage the service user to empty their own drainage bag, using a clean technique.
- Bags should not be emptied more often than necessary as it increases the risk of infection. They should be emptied at approximately 2/3rds full to avoid backflow.
- Remove PPE and perform hand hygiene.