

Procedure for emptying a catheter bag in Care Home settings



1 Gather equipment:

- Disposable apron and gloves.
- Eye protection if at risk of being splashed in the face by body fluids.
- X2 swabs/wipes containing 70% alcohol.
- A separate clean container to empty the urine into.



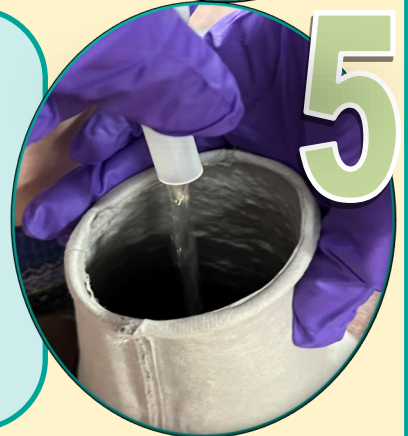
- ### 2
- Perform hand hygiene.
 - Put on a disposable apron and gloves (eye protection should be used if there is a risk of splashing to the eyes).
 - Explain the procedure to the resident.



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- ### 4
- Swab the outlet port with a wipe containing 70% alcohol.
 - Empty the bag into the container by releasing the tap, avoiding any contact between the urine bag and the container.
 - Close the tap and wipe the outlet port with a further alcohol wipe.



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- ### 6
- Ensure that the drainage bag is securely fixed with an anchoring device and 2 leg straps, and is positioned below bladder level.
 - If possible, educate and encourage the resident to empty their own drainage bag, using a clean technique.
 - Bags should not be emptied more often than necessary as it increases the risk of infection. They should be emptied at approximately 2/3rds full to avoid backflow.
 - Remove PPE and perform hand hygiene.