

Procedure for attaching a catheter night bag in Care Home settings

Single use 2 litre night bags should be added for overnight drainage for residents with leg bag systems.



- 1**
- Perform hand hygiene.
 - Put on a disposable apron and gloves (eye protection should be used if there is a risk of splashing to the eyes).
 - Explain the procedure to the resident.



- 2**
- Wipe the leg drainage bag tap with an alcohol wipe containing 70% alcohol, to reduce the risk of infection.
 - Remove the cap from the night bag tube, taking care not to touch the end.
 - Insert the nozzle of the night bag into the tubing at the bottom of the leg bag (below the tap).

- Attach the night bag to a stand and ensure that the drainage tap is not touching the floor (this prevents contamination of the tap).
- Make sure that the tap on the night bag is closed.



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- 5**
- Open the tap on the leg bag to allow urine to drain into the night bag and loosen the leg straps.
 - Ensure that the catheter is secured to the thigh to prevent pulling and trauma.
 - After use, empty the urine from the night bag and dispose of the bag in the appropriate waste stream.
 - Remove gloves and apron and wash hands.

Night bags are single use only and should not be reused!