

# IPC Bulletin for Care Homes

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Produced by an NHS Community Infection Prevention and Control Team based in North Yorkshire for distribution to subscribers.

## Urinary tract infections (UTIs) and catheter care

Urinary tract infections (UTIs) are common bacterial infections with potentially serious consequences, making prevention a priority for healthcare workers. UTIs not only cause discomfort for residents, but also increase the risk of complications, such as sepsis, especially among vulnerable populations. Urinary catheters pose a significant risk for UTI as they provide a direct route for bacteria to enter the urinary system. Prolonged catheter use and poor catheter hygiene and maintenance increases these risks.

By implementing effective infection prevention and control strategies, healthcare workers can minimise harm to residents and improve their outcomes, as well as reducing healthcare costs associated with treating UTIs. To support healthcare worker's knowledge, the Community Infection Prevention and Control Team have developed a number of free downloadable resources for Care Homes relating to UTIs and catheter care. These can be found at [UTI resources](#).



### What's new

- IPC Audit Tools for Care Home settings can now be downloaded and completed electronically. Link available [here](#).
- IPC training event for Care Homes and Domiciliary Care: 30th September, 2024. A booking form can be downloaded at: [www.infectionpreventioncontrol.co.uk/events/](http://www.infectionpreventioncontrol.co.uk/events/)

Visit our website to find lots of IPC resources, many of which are free to download.

[www.infectionpreventioncontrol.co.uk](http://www.infectionpreventioncontrol.co.uk)  
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