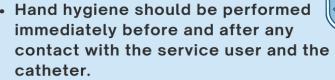




Reduce the risk of catheter associated

urinary tract infection (CAUTI)

Catheter hygiene and maintenance



 A disposable apron and gloves should always be worn for all aspects of catheter care.





Maintain good personal hygiene

- The genital area and catheter tube should be washed daily and after each bowel movement.
- Wash from front to back to prevent contamination from faeces and clean the tubing in a direction away from the body.
- Catheter bags should be emptied when they are approximately 2/3 full.
- Avoid contact between the drainage tap and the container used for emptying the bag.
- Wipe the drainage tap with an alcohol wipe before/after opening.

Ensure adequate hydration

- At least 1.5 2 litres of fluid daily, unless fluid restricted.
- Record level of intake/output.



- Check for any kinks and loops in the catheter tubing.
- Ensure that the drainage bag is securely fixed with an anchoring device and 2 leg straps, and is positioned below bladder level.
- Avoid any contact between the drainage bag and the floor.
- In the event of a bag becoming disconnected, always replace with a new bag.
- Overnight bags connected to a leg bag should be single use and disposed of after use.
- Take care not to touch the tip of the drainage tube when attaching an overnight bag.



For further information, please contact your local Infection Prevention and Control or UK Health Security Agency Team