

Infection Prevention and Control

How to use the 'Preventing Infection Workbooks'

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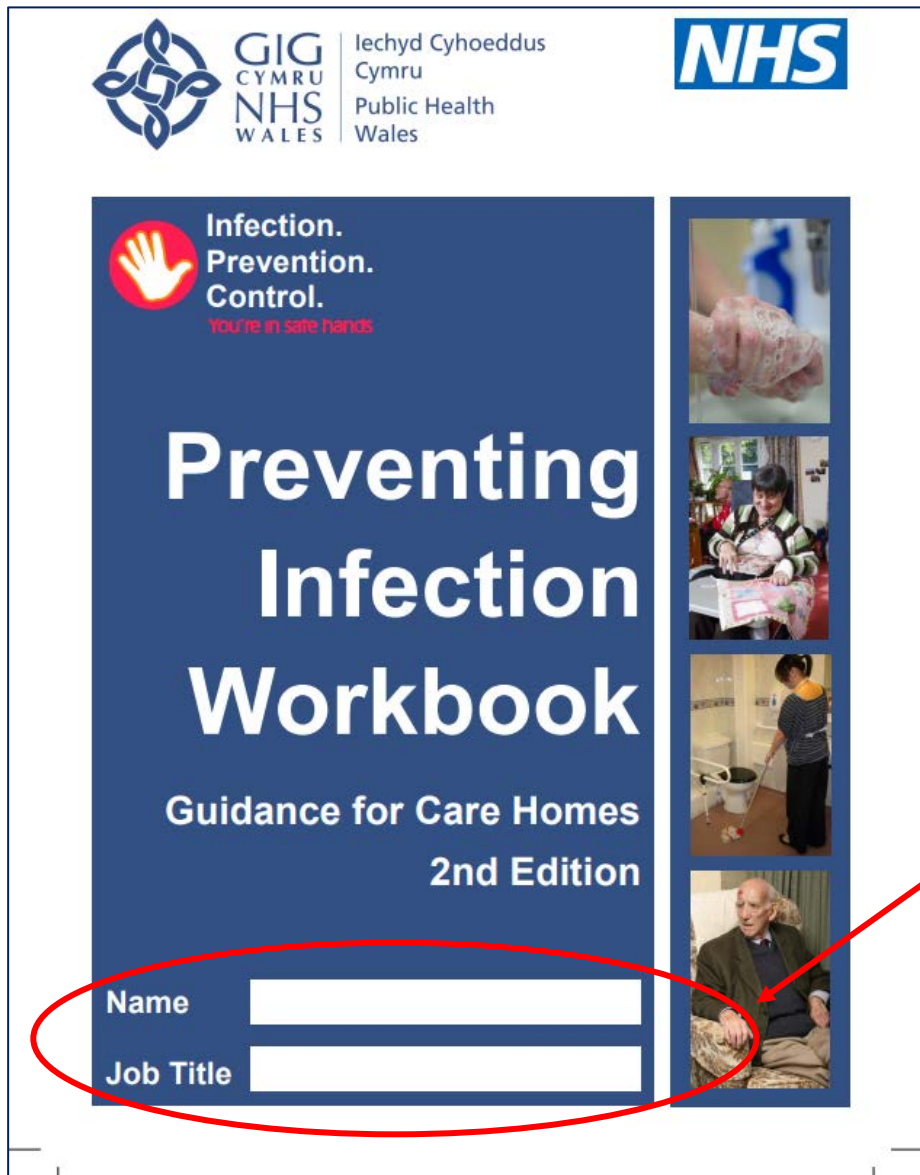
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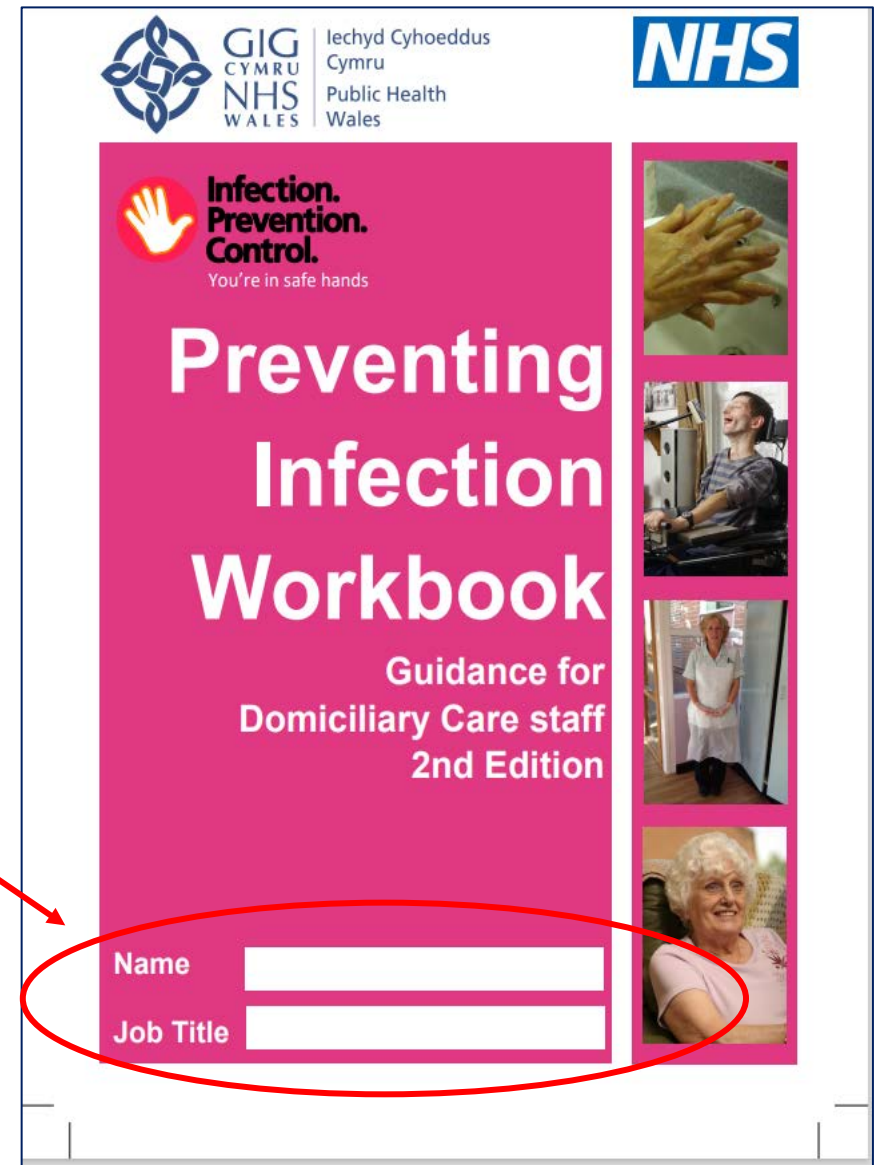
GIG
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One workbook
per member of
staff

Enter name
and job title



Step 1

Example of the contents page of the workbook

Guidance for Care Homes			
Contents		Page	Indicate sections to complete
Section 1	1. Introduction	4	<input type="checkbox"/>
	2. Infection prevention and control	5	<input type="checkbox"/>
	3. Standard Infection Control Precautions	8	<input type="checkbox"/>
Section 2 - Standard Infection Control Precautions	4. Hand hygiene	9	<input type="checkbox"/>
	5. Personal protective equipment	15	<input type="checkbox"/>
	6. Resident placement, assessment for infection risk and communication	19	<input type="checkbox"/>
	7. Respiratory and cough hygiene	21	<input type="checkbox"/>
	8. Safe disposal of waste	23	<input type="checkbox"/>
	9. Safe management of blood and body fluid spillages	26	<input type="checkbox"/>
	10. Safe management of care equipment	30	<input type="checkbox"/>
	11. Safe management of linen	34	<input type="checkbox"/>
	12. Safe management of the care environment	37	<input type="checkbox"/>
	13. Safe sharps management and prevention of exposure injury	39	<input type="checkbox"/>
Section 3 - Key topics	14. ANTT (Aseptic Non-Touch Technique)	43	<input type="checkbox"/>
	15. Specimen collection	46	<input type="checkbox"/>
	16. Urinary catheter care	49	<input type="checkbox"/>
	17. UTI prevention	53	<input type="checkbox"/>
Section 4 - Specific infections	18. <i>Clostridioides difficile</i>	57	<input type="checkbox"/>
	19. MDROs, including ESBL and CPE	61	<input type="checkbox"/>
	20. MRSA	65	<input type="checkbox"/>
	21. Respiratory illnesses	69	<input type="checkbox"/>
	22. Viral gastroenteritis/Norovirus	73	<input type="checkbox"/>
Section 5	Commentary	77	<input type="checkbox"/>
	Key references and resources	78	<input type="checkbox"/>
	Certificate of completion	79	<input type="checkbox"/>

All staff should complete all sections

If used for non-caregivers, can select relevant sections

Example of a section in the workbook

4. Hand hygiene (sic)

Note

- Hand hygiene for residents is important and they should be encouraged to wash their hands or use moist (non-alcohol) skin wipes after using the toilet and before meals.
- Bars of soap and fabric hand towels should not be used by staff in resident's rooms or staff toilets as they harbour microorganisms. Wall mounted liquid soap and paper towels should be used.

Remember

- ◆ Handwashing is the single most important way to prevent the spread of infection.
- ◆ It is best practice to be 'Bare Below the Elbows' to facilitate good hand hygiene when delivering direct care to residents.
- ◆ Hands that are not dried properly transfer microorganisms more easily.

Test your knowledge
Please tick the correct answer

	True	False
1. Hand hygiene is the single most important way to prevent the spread of infection.	<input type="checkbox"/>	<input type="checkbox"/>
2. BBE is about exposing the forearms and being free from wrist and hand jewellery.	<input type="checkbox"/>	<input type="checkbox"/>
3. Alcohol handrub is not effective when caring for residents with Norovirus.	<input type="checkbox"/>	<input type="checkbox"/>
4. Bars of soap and fabric hand towels can be used by staff in staff toilets.	<input type="checkbox"/>	<input type="checkbox"/>

14

Work through each of the sections

The entire workbook can be completed in 2-3 hours all in one go. Recommend completing sections at own pace

The workbook can be completed individually or in a group

Each section has 'Test your knowledge' questions which need to be completed after each section has been read

Example of references in the workbook

Preventing Infection Workbook

Key references and resources

All Wales Infection Prevention and Control Training, Learning and Development Framework for health, social care, early years and childcare. <https://heiw.nhs.wales/files/ipc-framework-final-nbsp/>

All Wales Induction Framework for Health and Social care. <https://socialcare.wales/learning-and-development/induction-for-health-and-social-care-awif>

Effective communication with people with dementia. <https://socialcare.wales/service-improvement/effective-communication-with-people-with-dementia>

[Principles and values of health and social care \(adults\) \(healthandcarelearning.wales\)](https://healthandcarelearning.wales)

<https://www.scie.org.uk/dignity/care/communication#effective>

<https://socialcare.wales/service-improvement/the-mental-capacity-act-and-deprivation-of-liberty-safeguards-dols>

Health and Social Care Services - Sharps injuries (HSE). <https://www.hse.gov.uk/healthservices/needlesticks/>

National Infection Prevention Control Manual (NIPCM). <https://phw.nhs.wales/services-and-teams/harp/infection-prevention-and-control/nipcm/>

National Standards for Cleaning in NHS Wales (2009) NHS Wales
[Statutory Guidance for service providers \(gov.wales\)](https://www.gov.wales/statutory-guidance-for-service-providers)

Surveillance and Reports (Healthcare associated infections - HCAs) includes HALT study on prevalence of HCAs on Long-Term Care Facilities 2017. <https://phw.nhs.wales/services-and-teams/harp/healthcare-associated-infections-hca/>

Urinary Tract Infection Toolkits and Resources. <https://phw.nhs.wales/services-and-teams/harp/infection-prevention-and-control/toolkits-and-resources/>

Welsh Government, The Regulation and Inspection of Social Care Act (Wales) <https://gov.wales/sites/default/files/publications/2019-04/guidance-for-providers-and-responsible-individuals.pdf>

Welsh Health Technical Memorandum WHTM 01-04: Decontamination of linen for health and social care. Management and provision

Welsh Health Technical Memorandum WHTM 07-01: Safe management of healthcare waste

WHO Roadmap to improve and ensure good indoor ventilation in the context of COVID-19. <https://www.who.int/publications/item/9789240021280>

Key references and resources

78

Further reading and resources are available at the back of the workbook

Example of certificate in the workbook



Certificate of completion

Once completed all sections, your supervisor or equivalent should mark the workbook

When you have achieved 100% competency, you will be awarded a 'Certificate of completion' (valid for 12 months)

You can use to demonstrate CPD

You can keep the workbook for future reference

Well done!

Will we have to pay for the workbooks?

These workbooks have been funded by Social Care Wales for 2023 and are free to care providers. This is following a positive evaluation of a pilot of the workbooks

How can I get more workbooks?

*If you want more workbooks you can contact Amanda.Daniel@wales.nhs. They will need to be paid for once copies have run out this year. **In 2024**, they will no longer be free and can be ordered directly from <https://www.infectionpreventioncontrol.co.uk/>. Costings will be available on the website at the end of 2023*

When will the workbooks be reviewed?

The workbooks will be reviewed by PHW team in 2025 and any major changes in guidance will be displayed on the PHW website <https://phw.nhs.wales/services-and-teams/harp/infection-prevention-and-control/> Under Toolkits and Resources

How do I renew my certificate?

The certificate is for a year. Your manager can order another question sheet, mark sheet and certificate, details on how to do this will be available at the end of the 2023 on the PHW website.

How can I contact someone if I have a question about the workbooks?

HARP Team Contact (Public Health Wales) HARP@wales.nhs.uk