



MRSA - Mupirocin resistant Octenisan and Naseptin suppression treatment Instructions for service users in the community

The aim of suppression treatment is to reduce the number of Meticillin resistant *Staphylococcus aureus* (MRSA) bacteria to a less harmful level. If you do not wish to have suppression treatment, please discuss this with your GP or local Community Infection Prevention and Control or UK Health Security Agency Team.

This information will help you to use the MRSA suppression treatment correctly. The treatment is a combination of **two separate treatments**. It is important that you complete the treatment to reduce the possibility of developing a MRSA infection. Both treatments should be started on the same day.

Octenisan wash lotion (step-by-step guide on the back of this sheet)

This antibacterial washing lotion should be used for body and hair washing.

- Use the wash lotion instead of your normal skin and hair products.
- You should shower **once** daily for 5 days using the wash lotion, leaving for the recommended contact time of 1 minute before rinsing off thoroughly.
- Alternatively, if you are unable to shower, you should wet your skin, apply undiluted lotion, e.g. stand out of the bath, leaving for the recommended contact time of 1 minute before rinsing off thoroughly in the bath.
- The wash lotion should also be used as a hair shampoo, you will need to wash your hair twice during the 5 day period. Hair can be washed as normal on other days during the treatment.
 Hair conditioner can be used as normal after using the Octenisan wash lotion.
- If you require assistance with this treatment, please discuss with your GP.

Naseptin nasal cream (step-by-step guide on the back of this sheet)

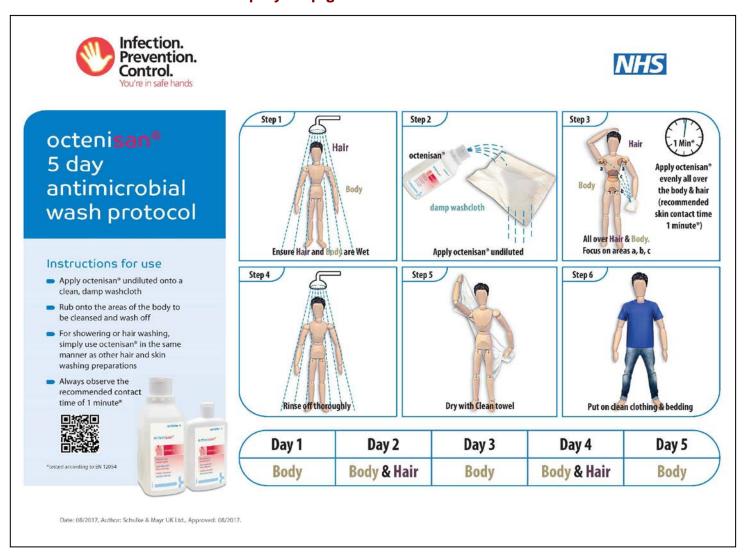
Place a small amount of the cream about the size of a match-head on your little finger and apply to the inside of one nostril and repeat for the other nostril four times a day for 10 days. Pinch the nostrils lightly together after applying the cream to help spread it. It is important to wash your hands with liquid soap and warm running water before and after applying the cream.

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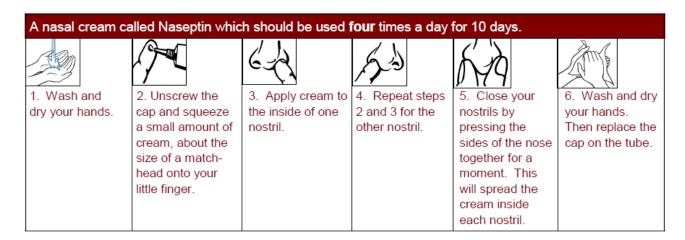
Octenisan treatment	Day 1	Day 2	Day 3	Day 4	Day 5
Apply daily to skin during shower or wash					
Wash hair with lotion					

Naseptin nasal treatment	Time	Days 1- 10									
		1	2	3	4	5	6	7	8	9	10
Apply cream inside both nostrils 4 times a day	Morning										
	Lunch										
	Tea										
	Bed										

Octenisan wash lotion step-by-step guide



Naseptin nasal cream step-by-step guide



If severe irritation occurs with any of the products, discontinue use and contact your local Community Infection Prevention and Control or UK Health Security Agency Team for further advice.