

IPC Bulletin for GP Practice Staff

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To support GP staff, here is some information on good infection prevention and control (IPC) practice.

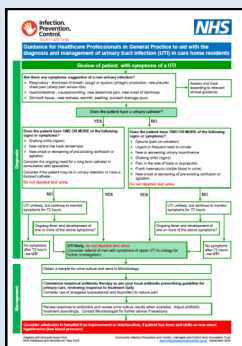
Summer has arrived - keeping hydrated will help prevent urinary tract infections (UTI's)

- UTI's are very common and can affect most women at least once in their lifetime.
- 1 in 5 women of any age will have problems with repeated infections.
- 1 in 4 nursing home patients admitted to hospital are dehydrated.
- **Dehydration** can increase the risk of developing a urinary tract infection.
- During the summer months there is an increase in the number of UTI's.
- Keeping hydrated in the hot weather can be a challenge.



Reducing the number of UTI's, and the prompt recognition and appropriate management of UTI's, helps to reduce unnecessary hospital admissions and supports inappropriate antimicrobial prescribing.

There is a suite of resources for General Practice available on our website, providing advice and a point of reference for patients, care staff and healthcare professionals on preventing, diagnosing and managing UTI's.



Guidance for Healthcare Professionals in General Practice to aid with the diagnosis and management of urinary tract infection (UTI) in care home residents

A decision making tool to support healthcare professionals to make the right choices when diagnosing and treating UTI's, specifically in care

home residents. Available to download at:

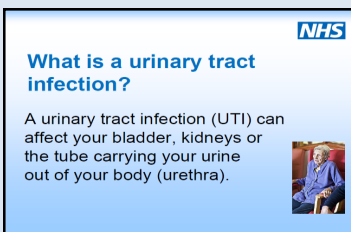
www.infectionpreventioncontrol.co.uk/resources/guidance-for-healthcare-professionals-in-general-practice-to-aid-with-uti-in-care-homes/



Are you drinking enough?

A poster to display in patient toilet areas showing suggested normal urine colours and suggested colours when patients need rehydrate. Available to download at:

www.infectionpreventioncontrol.co.uk/resources/are-you-drinking-enough-for-use-in-general-practice-poster-uti/



Preventing UTIs and Dehydration Presentation

A slide show designed to be displayed in waiting areas of GP practices to provide advice and information to patients on the importance of adequate hydration and preventing UTI's. To access the slide show, visit:

www.infectionpreventioncontrol.co.uk/resources/preventing-utis-and-dehydration-slide-show-for-general-practice-waiting-areas/

Visit our website to find lots of IPC resources, many of which are free to download.

www.infectionpreventioncontrol.co.uk

Call us on 01423 557340, or find us on:



Coming soon - updated set of 25 Community IPC Policies for General Practice, free to download or available to purchase @ £79.99 plus P&P. To reserve your copy, call us on the number above.