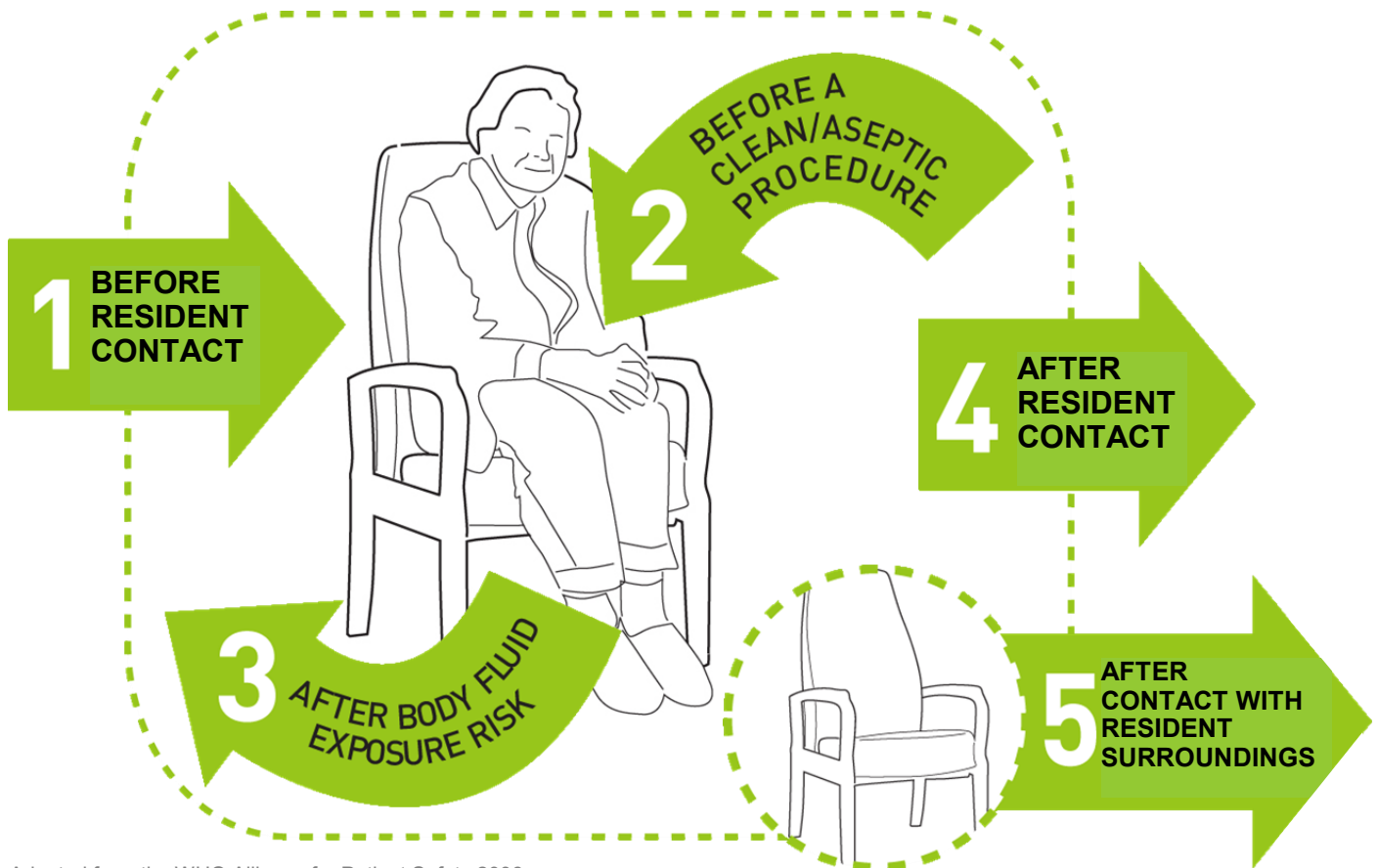




Your 5 moments for hand hygiene at the point of care



Adapted from the WHO Alliance for Patient Safety 2006

<p>1 BEFORE RESIDENT CONTACT</p>	<p>WHEN? Clean your hands before touching a resident when approaching him/her.</p> <p>WHY? To protect the resident against harmful germs carried on your hands.</p>
<p>2 BEFORE A CLEAN/ASEPTIC PROCEDURE</p>	<p>WHEN? Clean your hands immediately before any clean/aseptic procedure.</p> <p>WHY? To protect the resident against harmful germs, including the resident's own, from entering his/her body.</p>
<p>3 AFTER BODY FLUID EXPOSURE RISK</p>	<p>WHEN? Clean your hands immediately after an exposure risk to body fluids (and after glove removal).</p> <p>WHY? To protect yourself and the healthcare environment from harmful resident germs.</p>
<p>4 AFTER RESIDENT CONTACT</p>	<p>WHEN? Clean your hands after touching a resident and her/his immediate surroundings, when leaving the resident's side.</p> <p>WHY? To protect yourself and the healthcare environment from harmful resident germs.</p>
<p>5 AFTER CONTACT WITH RESIDENT SURROUNDINGS</p>	<p>WHEN? Clean your hands after touching any object or furniture in the resident's immediate surroundings when leaving—even if the resident has not been touched.</p> <p>WHY? To protect yourself and the healthcare environment from harmful resident germs.</p>