

IPC Bulletin for GP Practice staff

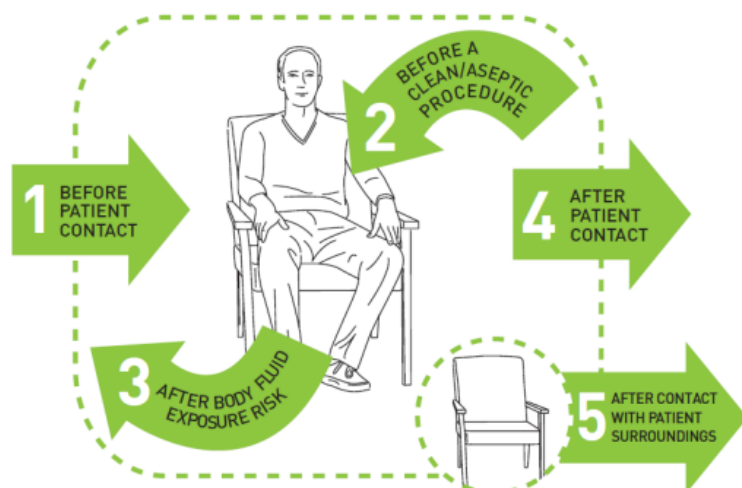
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To support GP staff, here is some information on good infection prevention and control (IPC) practice.

World Hand Hygiene Day—5 May, 2021



Your 5 moments for hand hygiene at the point of care*



*Adapted from the WHO Alliance for Patient Safety 2006

1	BEFORE PATIENT CONTACT	WHEN?	Clean your hands before touching a patient when approaching him/her.
		WHY?	To protect the patient against harmful germs carried on your hands.
2	BEFORE A CLEAN/ASEPTIC PROCEDURE	WHEN?	Clean your hands immediately before any clean/aseptic procedure.
		WHY?	To protect the patient against harmful germs, including the patient's own, from entering his/her body.
3	AFTER BODY FLUID EXPOSURE RISK	WHEN?	Clean your hands immediately after an exposure risk to body fluids (and after glove removal).
		WHY?	To protect yourself and the healthcare environment from harmful patient germs.
4	AFTER PATIENT CONTACT	WHEN?	Clean your hands after touching a patient and her/his immediate surroundings, when leaving the patient's side.
		WHY?	To protect yourself and the healthcare environment from harmful patient germs.
5	AFTER CONTACT WITH PATIENT SURROUNDINGS	WHEN?	Clean your hands after touching any object or furniture in the patient's immediate surroundings when leaving—even if the patient has not been touched.
		WHY?	To protect yourself and the healthcare environment from harmful patient germs.

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Key messages from WHO

Healthcare workers:

Now more than ever - clean your hands at the point of care!

IPC practitioners:

Be a champion and mentor for clean hands at the point of care.

Facility managers:

Ensure hand hygiene supplies are available at every point of care.

Policy-makers:

Invest now to ensure hand hygiene for all.

Patients and families:

Help us to help you: please clean your hands.

Vaccinators:

Clean your hands with every vaccine.

Everyone:

Make clean hands your habit - it protects us all!

The 'Your 5 moments for hand hygiene at the point of care' Poster for General Practice is available free to download at www.infectionpreventioncontrol.co.uk.

COMING SOON: Updated set of 'Community IPC Policies for General Practice'.

Visit our website to find lots of IPC resources, many of which are free to download.

www.infectionpreventioncontrol.co.uk

Call us on 01423 557340.