

# IPC Bulletin for Staff providing Domiciliary Care

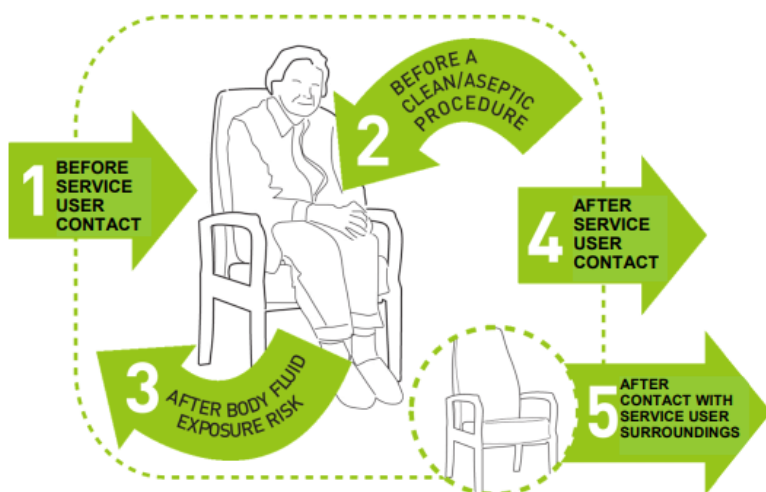
## Issue No. 26 - April 2021

Supporting Domiciliary Care staff with an example of good infection prevention and control practice in the use of PPE.

### World Hand Hygiene Day—5 May, 2021



#### Your 5 moments for hand hygiene at the point of care



Adapted from the WHO Alliance for Patient Safety 2006

<b>1</b> BEFORE SERVICE USER CONTACT	<b>WHEN?</b> Clean your hands before touching a service user when approaching him/her. <b>WHY?</b> To protect the resident against harmful germs carried on your hands.
<b>2</b> BEFORE A CLEAN/ASEPTIC PROCEDURE	<b>WHEN?</b> Clean your hands immediately before any clean/aseptic procedure. <b>WHY?</b> To protect the resident against harmful germs, including the service user's own, from entering his/her body.
<b>3</b> AFTER BODY FLUID EXPOSURE RISK	<b>WHEN?</b> Clean your hands immediately after an exposure risk to body fluids (and after glove removal). <b>WHY?</b> To protect yourself and the healthcare environment from harmful service user germs.
<b>4</b> AFTER SERVICE USER CONTACT	<b>WHEN?</b> Clean your hands after touching a service user and her/his immediate surroundings, when leaving the service user's side. <b>WHY?</b> To protect yourself and the healthcare environment from harmful service user germs.
<b>5</b> AFTER CONTACT WITH SERVICE USER SURROUNDINGS	<b>WHEN?</b> Clean your hands after touching any object or furniture in the service user's immediate surroundings when leaving—even if the service user has not been touched. <b>WHY?</b> To protect yourself and the healthcare environment from harmful service user germs.

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#### Key messages from WHO

##### Healthcare workers:

Now more than ever - clean your hands at the point of care!

##### IPC practitioners:

Be a champion and mentor for clean hands at the point of care.

##### Facility managers:

Ensure hand hygiene supplies are available at every point of care.

##### Policy-makers:

Invest now to ensure hand hygiene for all.

##### Service users and families:

Help us to help you: please clean your hands.

##### Vaccinators:

Clean your hands with every vaccine.

##### Everyone:

Make clean hands your habit - it protects us all!

Visit our website to find lots of IPC resources, many of which are free to download.  
[www.infectionpreventioncontrol.co.uk](http://www.infectionpreventioncontrol.co.uk)

Call us on 01423 557340.

The 'Your 5 moments for hand hygiene at the point of care' Poster for Domiciliary Care staff is available free to download.

**NOW AVAILABLE: Updated set of 'Community IPC Policies for Domiciliary Care staff' available to download or to purchase in full colour in a presentation folder.**

Visit [www.infectionpreventioncontrol.co.uk](http://www.infectionpreventioncontrol.co.uk).