























# IPC Bulletin for Domiciliary Care staff

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To support care staff, here is some information on good infection prevention and control (IPC) practice.

## Wearing a mask: Do's and don'ts

	✓		✓		✓		✓
<b>Do cover nose, mouth and chin</b>		<b>Do pull hair back</b>		<b>Do tie top strap first, then bottom strap</b>		<b>Do keep phones away from mask</b>	
	✗		✗		✗		✗
<b>Don't pull below nose</b>		<b>Don't pull below chin</b>		<b>Don't hang from one ear</b>		<b>Don't hang around neck</b>	
	✗		✗		✗		✗
<b>Don't cross straps</b>		<b>Don't leave straps hanging</b>		<b>Don't wear on forehead</b>		<b>Don't leave hair down</b>	
	✗		✗		✗		✗
<b>Don't touch front of mask after fitting</b>		<b>Don't reach under mask</b>		<b>Don't touch phone to mask</b>		<b>Don't remove mask to talk on the phone</b>	
	✗		✗		✗		✗
<b>Don't drink or eat with mask on</b>		<b>Don't remove mask to cough, sneeze or talk</b>		<b>Don't break top strap first, break bottom first</b>		<b>Don't wear a dirty or wet mask</b>	

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