

IPC Bulletin for Domiciliary Care staff

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To support care staff, here is some information on good infection prevention and control (IPC) practice.

Respiratory and cough hygiene


Following the publication of the new NHS England and NHS Improvement Guidance for 'Standard infection control precautions' (SICPs), 'Respiratory and cough hygiene' has been identified as 1 of the 10 elements.

Staff should promote respiratory and cough hygiene to help prevent the spread of infection by following the steps opposite.





Visit our [website](http://www.infectionpreventioncontrol.co.uk) to download a free copy of the poster.



**Infection.
Prevention.
Control.**
You're in safe hands



Respiratory and cough hygiene

	<ul style="list-style-type: none"> • Cough or sneeze into a clean tissue, not into your hands.
	<ul style="list-style-type: none"> • Dispose of the tissue immediately into the nearest waste bin.
	<ul style="list-style-type: none"> • If you do not have a tissue, cough or sneeze into your upper sleeve.
	<ul style="list-style-type: none"> • Always clean your hands after coughing or sneezing, either using soap and warm running water, alcohol handrub or hand wipes.
<p>These steps will help prevent the spread of colds, flu and other respiratory infections</p>	
<p>Community Infection Prevention and Control, Harrogate and District NHS Foundation Trust www.infectionpreventioncontrol.co.uk June 2019 © Harrogate and District NHS Foundation Trust</p>	

Visit our website to view a range of resources for Domiciliary Care staff.

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SALE 50% discount: Preventing Infection Workbook: Guidance for staff providing care at home

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