# Cleaning a commode

1. Wash hands thoroughly with liquid soap and warm running water.

2. Put on disposable apron.

3. Put on disposable gloves.

4. Starting from the top, clean the back rest and arms (remember to clean under the arms).

5. Remove the lid and clean the lid of the commode, topside first then underside.

6. Remove the seat, if the design allows, and clean the top then underside.

7. Clean the seat frame, legs, and then foot pedals and wheels if there are any.

8. Remove gloves (these should be removed before your apron) and dispose of.

9. Remove apron and dispose of.

10. Wash hands thoroughly with liquid soap and warm running water.