

Scabies Treatment

Instructions for application of cream or lotion (for external use only)

**Do not bathe or shower before putting on the cream or lotion.
Make sure you have been supplied with enough product before starting to apply it.**

1. Application of the cream or lotion is best done in the evening.
2. Remove all clothing. Remember to take off all jewellery, including watches and rings. If it is not possible to remove a ring, move it to one side, then treat the skin surface that is normally underneath the ring. Wait for the skin to dry before returning the ring to its normal position.
3. The cream or lotion needs to be applied to the whole body surface including the scalp (apply externally all over the body from head to toe), only avoiding the eye area.
4. Squeeze the cream into the middle of your hand or tips of fingers. If a lotion has been prescribed, this is best applied using a small paint or pastry brush which should be disposed of after completion of the treatment.
5. Apply to the skin.
6. Take special care to get it into all the external skin creases of the body, e.g. under breasts, the nipples (scabies treatment should be washed off nipples before breast feeding then re-applied after breast feeding), scrotum and between the buttocks (bottom). Particular attention needs to be paid to the skin between the fingers and toes, under the nails and behind the ears. You will need someone to apply the cream or lotion to your back.
7. Let the cream or lotion dry before getting dressed or it may rub off. This takes 10–15 minutes.
8. Do the soles of your feet last after the body treatment has dried. This is best done with your feet resting on top of or dangling over the side of the bed.
9. Do not bathe or shower during the treatment period.
10. Apply more cream or lotion on any body parts that you may have to wash, e.g. hands, during the treatment period. Depending on the treatment used, this may be for up to 24 hours after first applying the cream or lotion.