

IPC Bulletin for GP Practice Staff

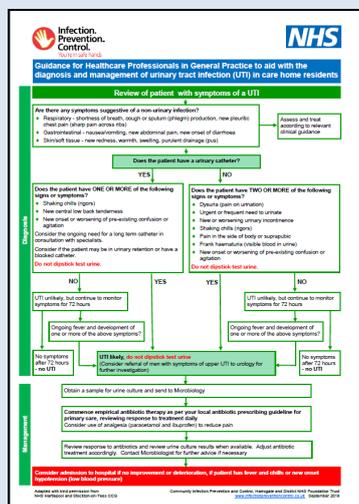
Issue No. 10 – September 2018

To further support GP Staff, here is some information on good infection prevention and control (IPC) practice.

Preventing Urinary Tract Infection and Dehydration

A suite of resources to support you

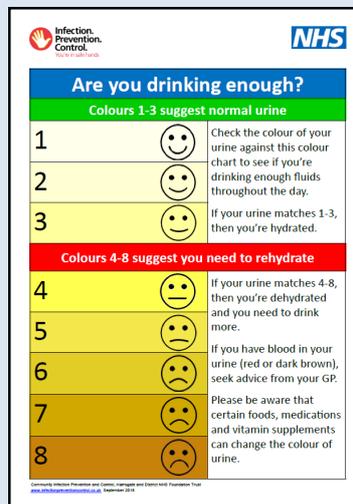
We have produced a suite of resources for General Practice to add to those already available on our website, providing advice and a point of reference to patients, care staff and healthcare professionals on preventing, diagnosing and managing UTI's. Reducing the number of UTI's, and the prompt recognition and appropriate management of UTI's, helps to reduce unnecessary hospital admissions and supports The Secretary of State for Health's ambition to reduce healthcare associated GNBSI and inappropriate antimicrobial prescribing by 50% before 2021.



Guidance for Healthcare Professionals in General Practice to aid with the diagnosis and management of urinary tract infection (UTI) in care home residents

Guidance for Healthcare Professionals in General Practice to aid with the diagnosis and management of urinary tract infection (UTI) in care home residents

A decision making aid to support healthcare professionals to make the right choices when diagnosing and treating UTI's, specifically in care home residents.



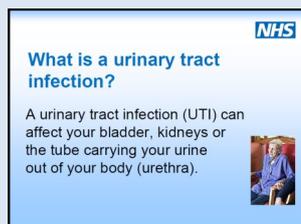
Are you drinking enough?

Colours 1-3 suggest normal urine

1	😊	Check the colour of your urine against this colour chart to see if you're drinking enough fluids throughout the day.
2	😊	
3	😊	If your urine matches 1-3, then you're hydrated.
Colours 4-8 suggest you need to rehydrate		
4	😐	If your urine matches 4-8, then you're dehydrated and you need to drink more.
5	😐	
6	😐	If you have blood in your urine (red or dark brown), seek advice from your GP.
7	😐	
8	😐	Please be aware that certain foods, medications and vitamin supplements can change the colour of urine.

Are you drinking enough?

A poster showing suggested normal urine colours and suggested colours when patients need to rehydrate for display in patient toilet areas.



What is a urinary tract infection?

A urinary tract infection (UTI) can affect your bladder, kidneys or the tube carrying your urine out of your body (urethra).

Preventing UTIs and Dehydration Presentation

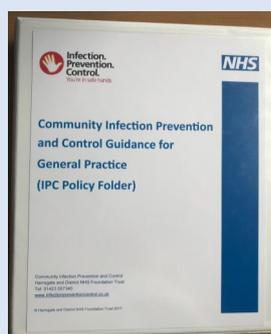
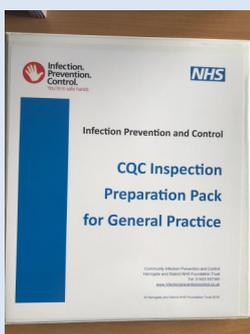
A slide show designed to be displayed in waiting areas of GP practices to provide advice and information to patients on the importance of adequate hydration and preventing UTI's.

Available to download at

www.infectionpreventioncontrol.co.uk

Did you know.... We are a commissioned NHS IPC service for North Yorkshire, and due to the skills developed within the Team, we produce our resources generically so they can be used anywhere across the country. Our aim is to reduce healthcare associated infection and hospital admissions.

Our **'Preventing Infection Workbook and Guidance for General Practice'** has been given excellent feedback from the CQC Head Office, they are designed to be used by all members of staff and are recognised as part of mandatory, annual infection control training.



The **'IPC CQC Inspection Preparation Pack for General Practice'** is a comprehensive checklist based on the *Health and Social Care Act 2008: Code of Practice* helping you achieve compliance and provide the evidence required by the CQC.

The **'IPC Policy folder for General Practice'** provides colour prints of 23 Infection Prevention and Control related policies ensuring compliance with the *Health and Social Care Act 2008: Code of Practice*.

Please visit our website for our full range of resources, many which are available free to download at www.infectionpreventioncontrol.co.uk.

